



DIVINE SHAKTI
FOUNDATION

DSF

ACUPUNCTURE

MEDICAL CAMP

13TH – 17TH OCTOBER



ACUPUNCTURE MEDICAL CAMP REPORT

October 2025

Introduction:

The Divine Shakti Foundation (DSF), founded by Pujya Sadhvi Bhagawati Saraswatiji of Parmarth Niketan, Rishikesh, is dedicated to the holistic welfare and upliftment of women, children, animals, and all beings. Guided by the vision of compassion in action, the foundation continuously strives to serve those in need through diverse humanitarian and spiritual initiatives.

Each year, DSF organizes a wide range of service activities aimed at empowering the underprivileged and promoting physical, mental, and emotional well-being. Among these initiatives, medical and wellness camps hold a significant place, as they bring essential healthcare services to those who often lack access to proper medical support. These camps not only provide treatment but also create awareness about preventive health practices, natural therapies, and lifestyle balance.



In line with this commitment, DSF recently conducted an acupuncture and wellness camp, offering holistic healing and alternative therapies to improve overall health and vitality. The camp served as a beacon of hope for many, integrating traditional wisdom with compassionate care to promote wellness for all.

About the Camp:

Acupuncture, a revered practice within Traditional Chinese Medicine (TCM), has been used for centuries as a holistic and alternative healing method. Known for its therapeutic and restorative properties, acupuncture is widely recognized for promoting wellness and treating a variety of ailments without harmful side effects. Emphasizing the body's natural ability to heal itself, this therapy harmonizes energy flow and supports overall health and vitality.

In alignment with its commitment to holistic well-being, the Divine Shakti Foundation organized a five-day Acupuncture and Wellness Camp in collaboration with Swami Shukdevanand Charitable Hospital, held from 13th to 17th October. The camp witnessed the heartfelt participation of 14 experienced acupuncture therapists from the United States of America, who selflessly offered their time and expertise to serve those in need.

Throughout the camp, the visiting doctors resided at Parmarth Niketan, where they not only rendered medical service but also immersed themselves in the spiritual atmosphere of the ashram. Each day began with divine prayers, connecting service with spirituality.

The camp was inaugurated on Day 1 with a sacred hawan ceremony, graced by the presence of Param Pujya Swami Chidanand Saraswatiji, President of Parmarth Niketan, and Pujya Sadhvi Bhagawati Saraswatiji, President of Divine Shakti Foundation. The atmosphere was filled with devotion, gratitude, and joy as the entire medical team participated in the hawan, offering prayers and seeking blessings for the success of their service initiative.



Following the inauguration, Pujya Sadhviji extended her warm wishes and appreciation to the team for their compassionate contribution. She encouraged them to continue their noble work and welcomed them to return to Parmarth Niketan in the future to serve the needy once again.

About the Service

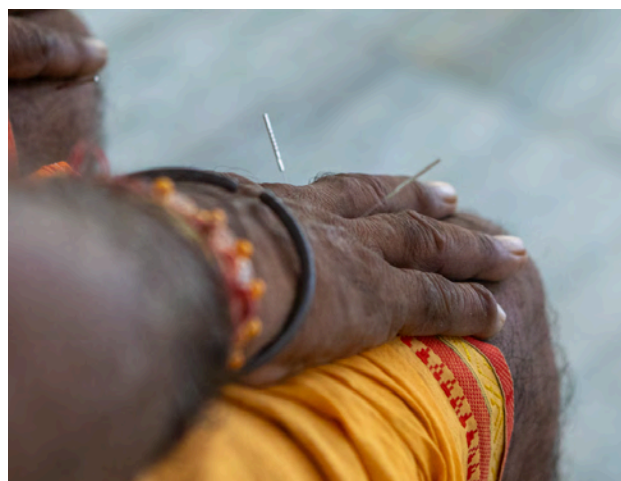
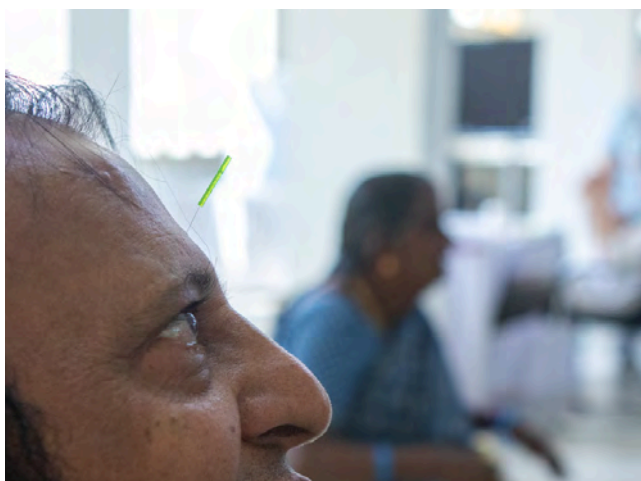
During the five-day Acupuncture and Wellness Camp, a total of approximately 650 patients were served with compassion and care — including 509 adults and 150 children from surrounding communities. Each individual received personalized attention and treatment tailored to their specific health needs, reflecting the dedication and expertise of the visiting team of therapists.

A wide range of health concerns were addressed throughout the camp. Many patients sought relief from chronic back pain, persistent headaches, stress, anxiety, knee and joint pain, and sleeplessness — conditions that significantly affect daily life and productivity. Through acupuncture therapy, numerous patients experienced visible improvements and a renewed sense of physical and emotional balance.

Before initiating treatment, the team conducted individual consultations to understand each patient's medical history and current symptoms, ensuring that the therapy provided was both safe and effective. The therapists' gentle approach, focused attention, and compassionate service were deeply appreciated by the patients and their families.

By the conclusion of the camp, many beneficiaries shared heartfelt words of gratitude, expressing noticeable improvement in their health and overall well-being within just a few days of treatment.

The camp not only offered healing but also brought hope, relief, and comfort to those who often have limited access to such holistic healthcare options.





Volunteers

The Acupuncture and Wellness Camp was made possible through the dedicated efforts of a compassionate team of 14 acupuncture therapists from the United States of America, including Sami Rank, Narayan Bravo, Maria Angel, Laura Angel, Rachel Field, Melinda Trammel, Christine Mitchell, Aaliyah Caruso, Emma Rutherford, Christine Caceres, Regina Burkley, Lisa Dimaggio, Anthony M. Williams, and Kennelle Shephard.

Their service was further supported by a devoted team of Divine Shakti Foundation volunteers — Dr. Priya Parmar, Rakesh Roshan, Uma, Farheena, Aadya, and Claudine — who assisted in coordination, patient support, and daily management of the camp. Together, these volunteers embodied the true spirit of seva, serving with love, humility, and dedication.



Conclusion :

Beyond their medical service, the visiting doctors and volunteers fully immersed themselves in the spiritual rhythm of Parmarth Niketan. Each morning began with the sacred yagya and prayers, and every evening concluded with the world-renowned Ganga Aarti, where they joined devotees from across the world in offering light and gratitude to Mother Ganga. They also attended Pujya Sadhviji's inspirational satsangs, gaining insights into spirituality, mindfulness, and the art of selfless service.

Their stay coincided with the vibrant celebration of Diwali at the ashram. The team joyfully participated in the festivities of Chhoti Diwali, Diwali, and Bhai Dooj, experiencing the cultural richness and devotional spirit of India. The celebrations, filled with light, music, and togetherness, created cherished memories for all.

As the camp concluded, the volunteers expressed deep gratitude for the opportunity to serve and to be part of the spiritual and cultural life of Parmarth Niketan. They departed with hearts full of joy, inspiration, and a sincere promise to return again to continue their divine service in the years to come.

