



**DIVINE SHAKTI**  
FOUNDATION



# **DSF ANNUAL REPORT**

**2021 - 2022**

# Our Mission

The Divine Shakti Foundation (DSF), led by its President Sadhvi Bhagawati Saraswati, Ph.D., is deeply committed to fostering the holistic well-being of women, children, and Mother Earth. Rooted in a vision of empowerment and sustainability, DSF has undertaken numerous initiatives aimed at uplifting communities and promoting a more harmonious world. During the COVID-19 pandemic, DSF significantly adapted its efforts, providing vital support through food

and hygiene kit distributions, health awareness campaigns, free medical camps, and virtual education programs. By integrating these diverse efforts, DSF continued to create meaningful, lasting change, nurturing both individuals and the planet for a more just and sustainable future. It continued to serve in the following thematic areas, in alignment with the organisations vision and mission:



Sadhvi Bhagawati Saraswati, Ph.D  
President, DSF

# Our Purpose

## Education and Child Development:

DSF operates and supports free schools in Rishikesh and nearby areas, providing quality education, uniforms, books, and supplies to children from economically disadvantaged backgrounds. These nurturing spaces foster both academic and personal growth, breaking the cycle of poverty and empowering students to build brighter futures.



### **Women's Empowerment & Vocational Training:**

To promote financial independence among women, DSF runs vocational training centers offering skills in tailoring, handicrafts, and design. These programs provide women with the tools and confidence to start businesses or secure employment, fostering long-term self-sufficiency.

### **Healthcare & Hygiene:**

DSF delivers holistic healthcare through regular check-ups, dental and eye-care camps, deworming, nutritional support, etc. Special emphasis is placed on health education, including menstrual hygiene and breast cancer awareness, ensuring dignity and well-being for women and girls.

### **Environmental Stewardship:**

DSF advances environmental protection through awareness campaigns and hands-on initiatives like tree planting, waste reduction, and water conservation. Women and children are trained as “Green Ambassadors,” promoting eco-friendly practices within their communities.

### **Advocacy & Social Impact:**

Through conferences, workshops, and global forums, DSF champions gender equality, education, WASH, and environmental justice. By working with leaders, change makers and like-minded organisations, DSF ensures communities are equipped with the resources and inspiration to thrive.

*The Divine Shakti Foundation (DSF) has been actively engaged in numerous initiatives from April 2021 to March 2022. Much of this fiscal year was affected by the pandemic and our efforts to support the community during these challenging times. Below is a chronological summary of key activities during this period:*

# CONTENTS

April 6th – 10th, 2021 - SHG-Capacity Enhancement Training

April 14, 2021 - Free Eye Therapy Camp

May 1, 2021 - Bringing Oxygen During Covid Second Wave

May 2021 - Covid Vaccinations at Swami Shukdevanand Charitable Hospital

May 2021 - 100-Bed Covid-Care Center

June – September - Online Programs, Trainings and Inspiration

October 28, 2021 - Bi-Weekly Rasan Vitran/Ration Distribution Initiated

November 2, 2021 - Organic Deepawali Celebrations

December 7, 2021 - Free Health Camps

December 8, 2021 - Girl Power Project in Ganna Krishak Public Inter College

January 3, 2022 - Menstrual Hygiene Management Session

January 5, 2022 - Advance Stitching Course

# SHG-CAPACITY ENHANCEMENT TRAINING PROGRAM

## Parmarth Niketan



**6–10 April 2021:** A two-day training program, for the students of Parmarth Naari Sashakti Kendra (April 6th & 7th) and Women Vocational Centre Dehradun Road (April 8th & 10th) was organized under the aegis of DSF. In this training program, five Self Help Groups (SHG) were formed and five more were planned. Through this endeavour, more women were contacted by the volunteers of DSF to impart detailed information about the Self Help Groups concept. The major aim of this training program is to make women self-reliant and linking them to banks for financing potential self-employment schemes.



## FREE EYE THERAPY CAMP **During Navrati**

**14 April 2021:** On the occasion of the holy festival of Chaitra Shukla Pratipada, and Navratri, a free Eye Therapy Camp was organized by the DSF at the Parmarth Niketan Ashram, to offer no-cost eye therapy and examinations, free spectacles and medicine distribution to the needy.

## BRINGING OXYGEN DURING **Covid Second Wave**

**1 May 2021:** Recognizing the unprecedented need for medical supplies and services to combat the gut-wrenching and devastating effects of the surge in Covid-19 cases across the nation, a new initiative was launched, through DSF and its partner organisations, to provide free oxygen cylinders for patients on home care in Rishikesh and adjoining villages and remote mountain locations. An ambulance, began delivering supplies of free oxygen cylinders directly to patients' homes through the auspices of DSF, the Rotary CLUB Rishikesh and other partner organisations.

## COVID VACCINATIONS AT SWAMI SHUKDEVANAND **Charitable Hospital**

**May 2021:** DSF supported the Swami Shukdevanand Charitable Hospital, Rishikesh to begin the Covid vaccination program at the facility. With the help of its volunteers in just a few days, over 1200 divine souls in the 45-plus age group received their inoculations, with those in the 18-and-over group eligible for the vaccine beginning on the 20th of May.

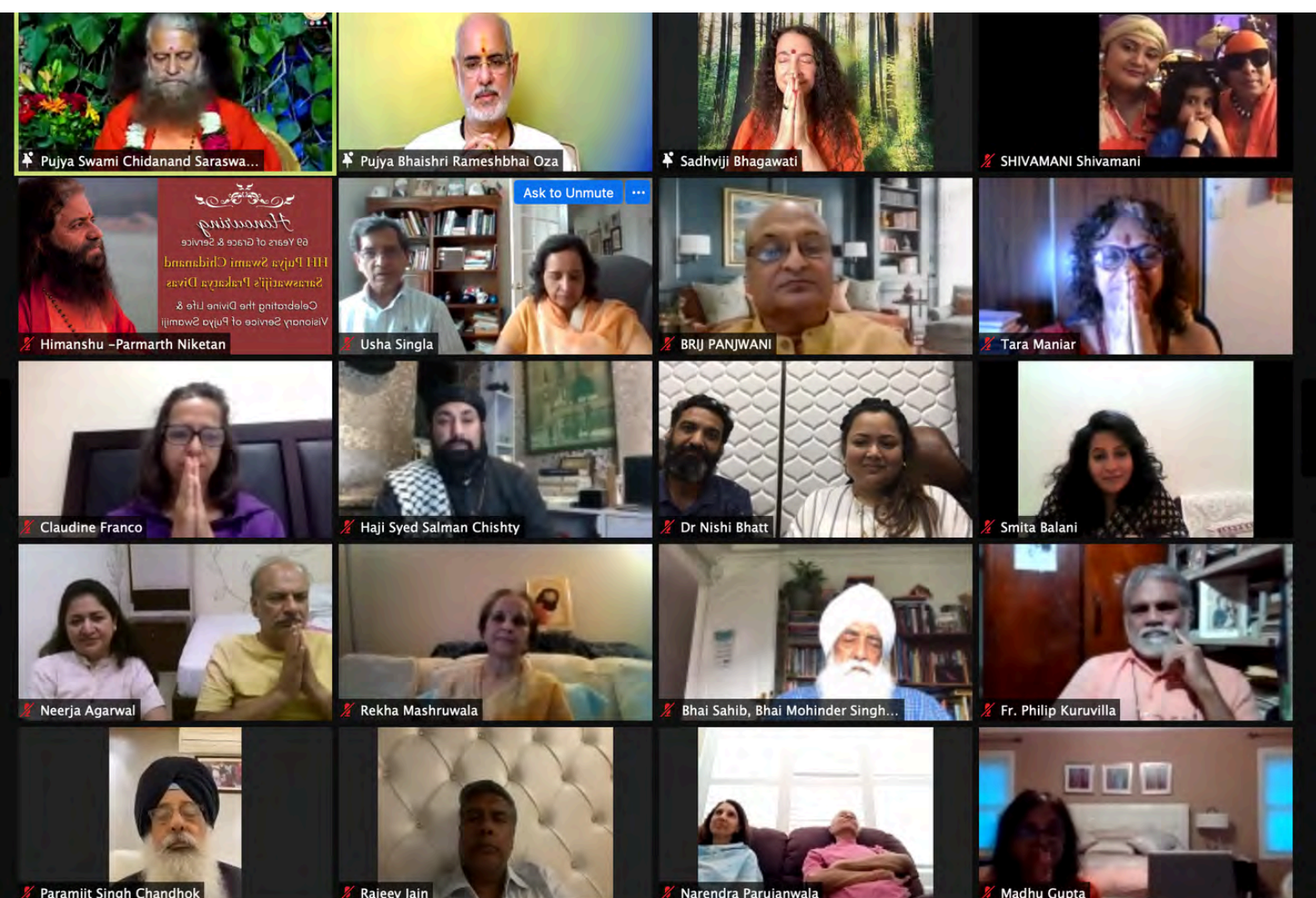
# HOSPITAL TRANSFORMED INTO A 100-BED **Covid-Care Center**



**May 2021:** Through the auspices of DSF, the Swami Shukdevanand Charitable Hospital, Rishikesh, working in close association and with the support of the State Government of Uttarakhand, was transformed into a 100-bed Covid-Care Centre. The Centre was fully equipped with oxygen concentrators/cylinders and essential medical supplies, whilst testing and vaccination services continued. The Centre was also the base of operations for two Ambulances being deployed to transport patients to hospitals and deliver oxygen cylinders where needed.



# ONLINE PROGRAMS, TRAININGS AND Inspiration



**June - September 2021:** During much of the monsoon season in India and the course of the pandemic, DSF continued it's ongoing relief activities but also provided more online programmes, training and inspirational content to keep communities engaged and motivated to follow the guidelines, stay healthy and be safe.



## BI-WEEKLY RASAN VITRAN/RATION

# Distribution Initiated



**28 October 2021:** In addition to the devastating sickness and the tragic loss of life, one of the major effects of the Covid-19 pandemic was economic impact on impoverished and vulnerable populations, the loss of livelihoods and shortage of life's essentials. Interruptions in supply chains, in addition to the more obvious loss of income from a still-shrinking workforce, created a new class of needy and worsened an already enormous segment of the population became poverty-stricken. The DSF started bi-weekly visits to some of Uttarakhand's poorest neighborhoods, including those within Rishikesh, to ensure no one is left behind to the right to life and livelihood during the trying times of the pandemic. A Rasan Vitran – Ration Distribution – that touched hearts and provided sustenance to the marginalized communities most-affected by the Coronavirus.



# ORGANIC DEEPAWALI Celebrations



**2 November 2021:** The DSF organized a vibrant 'Green Deepawali – Organic Deepawali' celebration at its Parmarth Vidya Mandir School, promoting eco-friendly and traditional values among over two hundred of its students and teachers. Children from the school and its Professional Training Centre showcased the importance of celebrating an organic, sustainable Deepawali through engaging performances of song, dance, and music. The event began with the national anthem and ceremonial lamp lighting, followed by an exhibition of handmade eco-friendly products crafted by the students.





## FREE Health Camps

**7 December 2021:** The DSF, in collaboration with partner organisations, organized a four-day series of free health camps across various locations in the Rishikesh area, including Mayakund and Chandreshwar Nagar. The camps provided essential medical services, hygiene and sanitation education, and introduced yoga and meditation to local youth. Hundreds of patients were treated, and 30-minute hygiene sessions were conducted to instill healthy habits in children. The series concluded with a special program at Parmarth Vidya Mandir School, featuring dental checkups by Seema Dental College, health screenings, motivational talks, and a bhandara for the students.

# GIRL POWER PROJECT IN GANNA KRISHAK PUBLIC **Inter College at Doiwala**



**8 December 2021:** “The strongest actions for a woman is to love herself, be herself and shine amongst those who never believed she could.” Girl Power Project strives to bring together the tools for empowering the girl child to be the first line of force in battling all forms of gender-based suppression. The DSF on started this innovative and ground-breaking initiative in the Ganna Krishak Public Inter College at Doiwala – an initiative where girls were given career counselling, personality development, menstrual and sexual reproductive health education to become the empowered leaders and change makers of tomorrow.



# MENSTRUAL HYGIENE MANAGEMENT SESSION at Parmarth

**3 January 2022:** Akhil Bharatiya Asha Karamchari Mahaa Sangh, a trade union founded by the 10 million strong Bharatiya Majdoor Sangh, conducted a 2-day workshop at Parmarth Niketan for women members of its organization from 12 states of India that included a Menstrual Hygiene Management session conducted by the DSF team that offered information about menstrual hygiene and the distribution of various menstrual products with instructions on how to use them. Sadhvi Bhagawati Saraswatiji graced the occasion and addressed an intimate gathering of the women and gifted them with a menstrual kit consisting of eco-friendly reusable sanitary napkins, reusable cloth pads, and a pouch.






## ADVANCE STITCHING COURSE AT PARMARTH Nari Shashakti Kendra





**5 January 2022:** The new year brought new hopes and new projects. Sponsored by the DSF, the Parmarth Nari Shashakti Kendra started offering advance stitching course to women. The course empowered women to be employed and/or self-employed to make a decent living and support their families. Covid's devastation was still lingering and livelihoods was significantly affected, this training provided an opportunity to be self-reliant.

Divine Shakti Foundation,  
Parmarth Niketan, P.O. Swargashram,  
Rishikesh (Himalayas),  
Uttarakhand - 249304

   Divine Shakti Foundation  
 [divineshaktifoundation.org](https://divineshaktifoundation.org)  
 [info@divineshaktifoundation.org](mailto:info@divineshaktifoundation.org)