



DIVINE SHAKTI
FOUNDATION

DSF ANNUAL REPORT

2022 - 2023



Our Mission

The Divine Shakti Foundation (DSF), led by its President Sadhvi Bhagawati Saraswati, Ph.D, is deeply committed to fostering the holistic well-being of women, children, and Mother Earth. Rooted in a vision of empowerment and sustainability, DSF has undertaken numerous initiatives aimed at uplifting communities and promoting a more harmonious world. By integrating these diverse efforts, DSF continues to create meaningful, lasting change, nurturing both individuals and the planet for a more just and sustainable future. It serves in the following ways:



Sadhvi Bhagawati Saraswati, Ph.D
President, DSF

Our Purpose

Education and Child Development:

DSF operates and supports free schools in Rishikesh and nearby areas, providing quality education, uniforms, books, and supplies to children from economically disadvantaged backgrounds. These nurturing spaces foster both academic and personal growth, breaking the cycle of poverty and empowering students to build brighter futures.

Women's Empowerment & Vocational Training:

To promote financial independence among women, DSF runs vocational training centers offering skills in tailoring, handicrafts, and design. These programs provide women with the tools and confidence to start businesses or secure employment, fostering long-term self-sufficiency.

Healthcare & Hygiene:

DSF delivers holistic healthcare through regular check-ups, dental and eye-care camps, deworming, nutritional support, etc. Special emphasis is placed on health education, including menstrual hygiene and breast cancer awareness, ensuring dignity and well-being for women and girls.

Environmental Stewardship:

DSF advances environmental protection through awareness campaigns and hands-on initiatives like tree planting, waste reduction, and water conservation. Women and children are trained as “Green Ambassadors,” promoting eco-friendly practices within their communities.

Advocacy & Social Impact:

Through conferences, workshops, and global forums, DSF champions gender equality, education, WASH, and environmental justice. By working with leaders, change makers and like-minded organizations, DSF ensures communities are equipped with the resources and inspiration to thrive.

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March 19-25, 2023 - Acupuncture and Naturopathy Camp

The Divine Shakti Foundation (DSF) has been actively engaged in numerous initiatives from April 2022 to March 2023. Much of this annual year was affected by the pandemic and our efforts to support the community during these challenging times. Below is a chronological summary of key activities during this period:



MENSTRUAL **Hygiene Day**

28 May 2022: During the Sacred Manas Ram Katha, HH Pujya Swami Chidanand Saraswatiji emphasized that women's health is national health, stating that menstruation is not just a women's issue but a matter affecting families and society at large. He called for an end to the silence around menstruation, which often disrupts the lives and education of young girls, and urged collective action across all platforms. Pujya Sadhvi Bhagawati Saraswatiji added that women spend nearly seven years of their lives menstruating, underscoring the need for increased awareness, care, and access to menstrual hygiene. They both led a mass pledge and raised awareness on this issue amongst thousands of devotees attending the Katha and many more watching it live-stream.



HH PARAM PUJYA SWAMI CHIDANAND SARASWATIJI'S **70th Birth Anniversary**

3 June 2022: On the occasion of DSF's Founder HH Param Pujya Swami Chidanand Saraswatiiji's 70th birth anniversary, the Pujya Swami Chidanand Saraswatiiji Merit Scholarship Fund was inaugurated to honor his lifelong dedication to education and empowerment. Launched under the Divine Shakti Foundation and led by Pujya Sadhvi Bhagawati Saraswatiiji, the fund aims to support deserving students in pursuing higher education at prestigious institutions across India. Scholarships will be awarded annually on Pujya Swamiji's birthday.

As part of the 7-Day Guru Dedication Service Week celebrating Pujya Swamiji's 70th birth anniversary, a free two-day eye camp was held on June 7–8, 2022, at Shukdevanand Charitable Hospital, Rishikesh. Organized by DSF in collaboration with several charitable organizations, the camp provided vision therapy, spectacles, and medicines to 1,400 patients from surrounding regions including Haridwar, Gujarat, Rajasthan, Delhi, and Agra, etc.



MARMA CHIKITSA **Medical Camp**

17-18 JUNE 2022: The Marma Chikitsa Medical Camp hosted at Shukdevanand Charitable Hospital, was organized by DSF, with a commitment to promoting holistic health and traditional healing systems. Organized in collaboration with Uttarakhand Ayurved University, the camp provided free treatment to hundreds of patients suffering from chronic and lifestyle-related ailments. By offering both therapeutic services and educational training in ancient Marma therapy, the initiative supported DSF's mission of empowering communities with accessible, integrative healthcare rooted in India's rich Ayurvedic wisdom.

WOMEN'S Health Initiative

June 2022: Health awareness and hygiene session conducted at a Government Girls' School, attended by over 150 students; included free distribution of sanitary napkins and informative pamphlets.

DE-WORMING AND NUTRITION Nutrition Awareness

July 2022: DSF volunteers conducted de-worming and nutrition awareness in collaboration with local ASHA workers in primary schools to improve child health.

Kanwar Mela





14–26 JULY 2022: After a nearly two-year gap due to the Covid-19 pandemic, the Kanwar Yatra – an annual holy pilgrimage observed by the devotees of Lord Shiva – returned on July 14th, much to the delight of the thousands of pilgrims that had been yearning for this sacred journey for so long. As part of its commitment to compassionate service, DSF supported a 12-day free medical camp organized near Baghkhala, Rishikesh, along the route of the Kanwar Mela. Led by Dr. Priyaji and a dedicated team of sevaks, the camp provided essential medical care to over 12,000 Kanwariyas suffering from fatigue, injuries, infections, and other ailments. See the Kanwar Mela Report for more details about the inspiring interventions: <https://blthdsf.blob.core.windows.net/uploads/2022/07/KANWAR-MELA-2022.pdf>

WATER-BORNE DISEASE **Prevention Drive**

Monsoon Season: Distribution of water purification tablets and awareness sessions in flood-prone villages of Rishikesh and Sw

WORLD Breastfeeding Week



1-7 August 2022: Workshops in collaboration with local health workers to promote maternal health and breastfeeding awareness among rural mothers.

STUDENTS WIN GOLD, SILVER AND BRONZE **Medals**



10 August 2022: Students from Parmarth Naari Shakti Kendra in Chandreshwar Nagar and Dehradun Road, supported by the DSF, achieved outstanding success at the Interstate Karate Tournament held on August 10, 2022, by winning Gold, Silver, and Bronze medals. This accomplishment reflects DSF's commitment to empowering young girls through education, discipline, and self-confidence, fostering their physical and personal development alongside academic and vocational training.

INTERNATIONAL Youth Day



12 August 2022: On International Youth Day, the DSF inaugurated the Shakti Vikas Kendra, a new educational facility aimed at empowering students from Classes 8–12. Offering free coaching in both life skills and academics, the center prepares students for competitive exams such as Bank PO, SSC, JEE, and Railway services. Aligned with DSF and Parmarth Niketan’s vision, the initiative ensures that financial limitations do not hinder any child’s pursuit of education and personal growth.



FREE MEDICAL CAMP MOHAN CHATTI, **Pauri Garhwal**

13 August 2022: In celebration of India's 75th Independence Day, a free health camp was organized for diabetic and dental patients, treating over 275 underserved individuals. The initiative was run by DSF and the National Medicos Organization (NMO), Seema Dental College, with an announcement to hold regular bi-monthly camps going forward.

INDEPENDENCE DAY CELEBRATIONS AT **DSF School's Parmarth Vidya Mandir**



15 August 2022: Students expressed patriotic spirit through cultural performances, including dance, songs, and poetry. Free health screening and consultation camp on Independence Day, offering general wellness check-ups, eye exams, and distribution of basic medications.

BREAST CANCER AWARENESS PROGRAM AT DSF CENTRE'S PARMARTH

Nari Shakti Kendra

18 August 2022: Women and girls were trained in breast self-examination and educated on lifestyle changes, such as adopting yogic practices and reducing the use of chemical cosmetics, to help prevent cancer.

DEWORMING DRIVE

Prakash Bharti School

23 August 2022: 260 students received deworming tablets, accompanied by a hygiene awareness session emphasizing sanitation practices to prevent infections.

INAUGURATION OF NEW EDUCATIONAL FACILITY

Shakti Vikas

23 August 2022: On this beautiful International Youth Day – the day set aside to raise awareness about cultural and societal issues related to Youth, this year focusing on the theme 'Inter-Generational Solidarity', Building a Better World for All Ages to Foster Positive Relationships – the DSF, with the inspiration and blessing of Pujya Swamiji and Sadhvi Bhagawatiji, inaugurated its newest educational facility –

Shakti Vikas Kendra – designed to develop life and other skills in students from Class 8-12, and to help them discover their passion and fulfill their dreams. All classes will be free because Parmarth Niketan and DSF both believe that no child should be deprived of education due to lack of money, and everyone should be allowed to achieve their goals and realize their aspirations.

HOMEOPATHY CAMP

Rishikesh



29-30 August 2022: A two-day homeopathy camp treated 100 patients from multiple states, offering free consultations and medicines for common ailments. Dr. Kunjal Upadhyay emphasized the spirit of selfless service.

DENTAL HYGIENE

Workshop

September 2022: Conducted by volunteer dentists, teaching oral hygiene to children at DSF-supported schools.

MEDICAL CAMP AT PARMARTH

Nari Shakti Kendra



29 September 2022: A one-day camp served 300 people, primarily children, providing dental, eye, diabetic, and digestive checkups along with deworming treatments, led by experts from Seema Dental College and Nirmal Ashram.

NAADI YOGA HEALING CAMP

Parmarth Niketan

1 October 2022: Hundreds of patients received non-medicinal healing through touch-based Naadi Yoga therapy, highlighting the body's innate capacity to heal itself.

ARTIFICIAL LIMB AND PHYSICAL THERAPY CAMP

Rishikesh

19 September - 11 October, 2022: In partnership with Mahaveer Seva Sadan, this camp provided artificial limbs, calipers, and therapy to the differently-abled, aiming to create a "Divyang-Mukt Uttarakhand." The initiative was praised by Uttarakhand's Chief Minister and Pujya Swamiji for promoting dignity and self-reliance.

WORLD

Mental Health Day

10 October 2022: Mental wellness camp featuring expert-led sessions on stress, anxiety, and resilience, conducted for both youth and adults.

DIWALI SEVA

Campaign

October 2022: Distribution of blankets, food supplies, and basic medicines to impoverished families and widows was carried out by DSF.

GLOBAL

Handwashing Day

18 October 2022: Nearly 700 children from local and DSF-affiliated schools participated in an engaging event focused on hygiene awareness. Faith leaders and dignitaries emphasized the importance of handwashing as a universal practice. The event featured water experiments, games, poster-making, soap-making demonstrations, and a quiz, reinforcing life-saving hygiene habits in a joyful setting.

REGULAR HEALTH CHECKUPS AT **Parmarth Gurukul**

Monthly: Monthly medical visits to the Gurukul to ensure student's physical and mental well-being.

VISION SCREENING **Camps**

April and October 2022: Eye check-ups with free spectacles provided for students needing corrective lenses.

ANNUAL EYE CAMP AT SHUKDEVANAND **Trust Hospital**





5-15 November 2022: After a pandemic-induced pause, this annual eye camp resumed, drawing more than 400 hundred patients from across North India. **185 cataract surgeries performed.** Patients received **free meals and accommodation.** Doctors from India, the US, Australia, and Nepal generously offered their expertise.

CHILDREN'S DAY CELEBRATION AT **Shakti Vikas Kendra**



14 November 2022: Children's Day was celebrated with students of DSF's Shakti Vikas Kendra, providing academic support and career guidance to underprivileged youth. The event was filled with inspiration, affirming the power of education in transforming lives and empowering dreams.

NATIONAL PLANNING MEETING

Divyang-Free India

15 November 2022: A strategic meeting in Kolkata, led by Swami Chidanand Saraswatiji and partner organizations, laid the groundwork for expanding the “Divyang-Mukt Bharat” initiative across the country.

SELF-HELP GROUP

SHG Meet



18 November 2022: Divine Shakti Foundation organized a Self-Help Group Meet at Parmarth Niketan, bringing together SHGs from Rishikesh, Dehradun, and Haridwar. The event provided a platform for women entrepreneurs to showcase and sell their handmade and home-produced items, including bags, coasters, dresses, stoles, decorative pieces, and edible goods. The gathering fostered community support, empowerment, and economic opportunity for rural and urban women artisans.

SPECIAL MEDICAL AND DENTAL CAMP FOR

World Children's Day

20 November 2022: A free medical and dental camp was held at Gandhi Ashram, Delhi, with a special focus on 225 children from Bapa Ashram School and Kasturba Balika Vidyalaya. Organized by DSF, GIWA, Seema Dental College, and Harijan Sevak Sangh, the camp included health check-ups, dental screenings, hygiene education, and the distribution of hygiene and first-aid kits. Children participated in guided yoga, meditation, and interactive WASH sessions, promoting holistic health, cleanliness, and well-being.

UNITED NATIONS ALLIANCE OF CIVILIZATIONS

Morocco

23 November 2022: At the UNAOC Plenary Session, DSF's President Pujya Sadhviji addressed global faith and policy leaders on redefining peace to include access to clean water, food, and sanitation. She emphasized overcoming polarization through faith-based unity and sustainable development, advocating for a compassionate, inclusive future. Pujya Sadhviji traveled to the sacred spiritual city

of Fez, Morocco to deliver a speech in the plenary session of the United Nations Alliance of Civilizations (UNAOC) Global Forum. High level government representatives, civil society leaders and faith leaders from around the world gathered to work to find active and sustainable pathways to peace and towards an Alliance of Peace: Living Together as One Humanity.

THE RELIGIONS FOR PEACE CONFERENCE

Manresa, Spain

30 November 2022: The Religions for Peace conference, a multi-religious and intergenerational forum, focused on addressing social and environmental crises. Pujya Sadhviji delivered an impactful speech on sustainable urban living, emphasizing DSF's transformative work in areas such as gender equality and climate action through mass tree plantations.

FREE MEDICAL CAMP AT PATNA VILLAGE

Uttarakhand



29 November 2022: Organized with Seema Dental College, Parmarth Niketan, and NMO, this camp brought medical and dental care to nearly 100 villagers and students across five mountain villages. Volunteers trekked 3 km on foot due to rough terrain, marking the first medical outreach in the area in 26 years. A true testament to DSF's commitment to underserved communities.

GITA JAYANTI AND Science Exhibition



3 December 2022: On December 3rd, 400 students from three schools gathered at Parmarth Vidya Mandir to celebrate Geeta Jayanti. The event featured 24 innovative science projects tackling climate change, pollution, and sustainable technologies. Students presented creative solutions like rainwater harvesting and alternative energy sources. The celebration, which included songs, dances, speeches, and Bhagavad Gita recitations, was judged by scientists from the Wildlife Institute of India. The event concluded with the distribution of winter tracksuits to all the children.

MENSTRUAL HYGIENE

Awareness Session

7 December 2022: DSF's Menstrual Hygiene team led a session for women in a marginalized community in Rishikesh, educating them on menstrual products and hygiene. Each participant received an eco-friendly menstrual kit, including reusable cloth pads and a storage pouch, promoting sustainable and dignified menstruation practices.

FREE HEALTH & HYGIENE CAMP

Gandhi Ashram, Delhi

17 December 2022: This follow-up camp in December served 175 patients with medical and dental care, including treatments for children. A joint effort by GIWA, DSF, AIIMS, Seema Dental College, and Harijan Sevak Sangh, the initiative exemplified ongoing commitment to community health.

SADHVIJI AT WOMEN

Economic Forum

29 December 2022: Sadhvi Bhagawatiji, DSF's President was a keynote speaker at the Women Economic Forum in Delhi, where she joined global women leaders to promote entrepreneurship, leadership, and empowerment through collaboration and shared purpose.

A SPECIAL WILDLIFE AND GANGA **Awareness Session**

3 February 2023: A special Wildlife and Ganga Awareness session was held at DSF's Parmarth Vidya Mandir School in Rishikesh, co-organized by the Wildlife Institute of India (WII) and Namami Gange. WII officials discussed the importance of water, shared fascinating facts about Mother Ganga, its wildlife, and how to preserve its ecosystem and keep the river clean. Students participated by creating wildlife-themed drawings, cards, and bookmarks. The event also included planting a litchi tree at the school, with the students joining the WII team in this environmental effort.

3-DAY **Eye Camp**

5 February 2023: DSF organized a 3-day Eye Camp at Swami Sukhdevanand Charitable Trust Hospital. DSF organized a camp providing free eye check-ups and cataract surgeries for hundreds of underprivileged individuals from Rishikesh and surrounding areas. DSF remains committed to continuing such seva initiatives to support and uplift the community.

FIRE AND SAFETY AWARENESS SESSION AT **Parmarth Vidya Mandir**

10 February 2023: DSF in collaboration with the Uttarakhand Fire Service Department, conducted a Fire and Safety Awareness Session yesterday for students of Classes 6 to 8 at Parmarth Vidya Mandir, Rishikesh. During the session, Fire and Safety Officers gave practical demonstrations on the use of fire extinguishers, explained the different types of extinguishers, how to detect gas leaks, methods to extinguish gas fires, and the proper use of various safety equipment.

SCHOLARSHIPS DISTRIBUTED AT DSF CENTRE
PARMARTH VIDYA MANDIR AND PARMARTH

Nari Shakti Kendra

17 February 2023: Scholarships and awards were distributed to students receiving education and vocational training at DSF's run Parmarth Vidya Mandir and Parmarth Nari Shakti Kendra. Recipients were honored with certificates, cash prizes, and gifts. The scholarship distribution ceremony was inaugurated by Pujya Swamiji, Pujya Sadhviji, Shri Dinesh Shahra Ji; and other distinguished guests.

GLOBAL SUMMIT FOR Women 2023

22 February 2023: DSF's President Sadhvi Bhagawatiji were honored in the Global Summit for Women 2023 held in Abu Dhabi on February 21–22. Bringing together over 200 international delegates—including diplomats, business leaders, ministers, activists, and development professionals—the summit celebrated women's achievements, aspirations, and contributions ahead of International Women's Day and Women's History Month.

FREE BLOOD TEST CAMP AT Parmarth Niketan

26 February 2023: A free blood test camp was organized at the Swami Sukhdevanand Charitable Trust Hospital, Parmarth Niketan, Rishikesh by DSF. The event was inaugurated in the presence of guests from various charitable organizations and supported by volunteers and doctors reflecting a collective commitment to community health and well-being.

DSF TEAM VISIT TO VOCATIONAL Training Center

27 February 2023: The DSF team visited the Vocational Training Centre at Dehradun Road, Rishikesh, to engage with DSF women and local community members. The visit included heartfelt conversations about their progress, challenges, and needs. Women shared inspiring success stories and new members expressed how DSF is supporting their journey of self-empowerment. The gathering fostered a sense of unity and commitment toward building a brighter future for individuals and the community.

PUJYA SADHVIJI AS CHIEF GUEST AT FICCI LADIES Organization (FLO) Session

4 March 2023: Pujya Sadhvi Bhagawati Saraswati Ji, President of the Divine Shakti Foundation, was invited as a Chief Guest at the FICCI Ladies Organisation (FLO)'s session titled "Kuch Ansuni Kahaniyan" held in Delhi. The event highlighted

the untold stories of inspiring women from across the world and was attended by numerous accomplished women from around the country, who shared moving and motivational accounts of women achievers.

FDSF HANDICRAFTS AT INTERNATIONAL Yoga Festival (IYF) 2023






8 March 2023: During the 7-day International Yoga Festival (IYF) 2023 at Parmarth Niketan, women supported by the Divine Shakti Foundation (DSF) showcased their handmade products at a dedicated stall. The display featured eco-friendly bags, purses, handicrafts, embroidered dupattas, cotton kurtas, handmade soaps, and candles. In addition, a beauty and mehndi corner was set up to promote traditional culture and services. The initiative provided DSF women with valuable exposure to business and entrepreneurship.

ACUPUNCTURE & NATUROPATHY CAMP CONCLUDES AT

Parmarth Niketan

19 March 2023: A free 7-day Acupuncture and Naturopathy Camp was organized at Parmarth Niketan, where 14 doctors from the U.S. treated hundreds of patients at Swami Shukdevanand Charitable Hospital. The camp concluded with a lamp-lighting ceremony in the presence of Pujya Swamiji and Sadhvi Bhagawatiji alongside the doctors and volunteers. The event celebrated the spirit of selfless medical service and healing.

Divine Shakti Foundation,
Ganga Kutir (Near Sadan Farm)
Ajeetpur, Haridwar,
Uttarakhand - 249408

   Divine Shakti Foundation
 divineshaktifoundation.org
 info@divineshaktifoundation.org