

Annual Report 2024-2025



DIVINE SHAKTI
FOUNDATION

Our Mission

The Divine Shakti Foundation (DSF), led by it's President Sadhvi Bhagawati Saraswatiji, Ph.D, is deeply committed to fostering the holistic well-being of women, children, and Mother Earth. Rooted in a vision of empowerment and sustainability, DSF has undertaken numerous initiatives aimed at uplifting communities and promoting a more harmonious world. By integrating these diverse efforts, DSF continues to create meaningful, lasting change, nurturing both individuals and the planet for a more just and sustainable future. It serves in the following ways:



Our Purpose

Education and Child Development:

DSF operates and supports free schools in Rishikesh and nearby areas, providing quality education, uniforms, books, and supplies to children from economically disadvantaged backgrounds. These nurturing spaces foster both academic and personal growth, breaking the cycle of poverty and empowering students to build brighter futures.

Women's Empowerment & Vocational Training:

To promote financial independence among women, DSF runs vocational training centers offering skills in tailoring, handicrafts, and design. These programs provide women with the tools and confidence to start businesses or secure employment, fostering long-term self-sufficiency.

Healthcare & Hygiene:

DSF delivers holistic healthcare through regular check-ups, dental and eye-care camps, deworming, nutritional support, etc. Special emphasis is placed on health education, including menstrual hygiene and breast cancer awareness, ensuring dignity and well-being for women and girls.

Environmental Stewardship:

DSF advances environmental protection through awareness campaigns and handson initiatives like tree planting, waste reduction, and water conservation. Women and children are trained as "Green Ambassadors," promoting eco-friendly practices within their communities.

Advocacy & Social Impact:

Through conferences, workshops, and global forums, DSF champions gender equality, education, WASH, and environmental justice. By working with leaders, change makers and like-minded organizations, DSF ensures communities are equipped with the resources and inspiration to thrive.

The Divine Shakti Foundation (DSF) has been actively engaged in numerous initiatives from April 2024 to March 2025. Below is a chronological summary of key activities during this period:

CONTENTS

May 28, 2024 - Hanuman Jayanti Celebrations with the Honorable President of India

April 26, 2024 - Basic Life Support Training Program at Parmarth

May 28, 2024 - Menstrual Hygiene Day

July 22, 2024 - Bringing Healthcare to Annual Kanwad Yatra

July 29, 2024 - DSF Medical Camp at Neelkanth Temple

<u>August 4, 2024</u> - Environmental Awareness and Medical Camp at Kanwad Mela

<u>August 7, 2024</u> - Celebrating Haryali Teej at Parmarth Vidya Mandir

<u>August 15, 2024</u> - Independence Day Celebrations at Parmarth Vidya Mandir

<u>August 17, 2024</u> - Celebrating Raksha Bandhan with a Purpose

<u>August 26, 2024</u> - Shri Krishna Janmashtami Celebrations

October 1, 2024 - World Senior Citizens Day Eye Check-up & Spectacle Distribution Camp

October 12, 2024 - Kanya Puja to Honor Girls as Embodiments of the Mother Goddess

October 26, 2024 - Pre-Diwali Celebrations at Parmarth Vidya Mandir & Parmarth Naari Shakti Kendra

November 15-24, 2024 - Free 10-Day Cataract Eye Surgery Camp

<u>December 25, 2024</u> - Annual Day Celebration at Parmarth Vidya Mandir

<u>January 31, 2025</u> - Artificial Limbs & Prosthetics Camp at Parmarth

Niketan Kumbh Camp

February 8, 2025 - G100 Maha Kumbh Women's Summit 2025

February 11, 2025 - Free Medical Camp at Maha Kumbh 2025

March 28, 2025 - A Heartfelt Tribute at Gita Jayanti Celebration

Hanuman Jayanti

CELEBRATIONS WITH THE HONORABLE PRESIDENT OF INDIA



23 APRIL 2024: On Hanuman Jayanti, the Divine Shakti Foundation had the honor of welcoming the Hon'ble President of India, Smt. Droupadi Murmuji, to Parmarth Niketan for a spiritually uplifting celebration, joined by HH Pujya Swami Chidanand Saraswatiji, Pujya Sadhvi Bhagawati Saraswati ji, and the Hon'ble Governor of Uttarakhand, Lt Gen Gurmit Singh. The event featured a sacred offering to Goddess Lakshmiji and inspiring participation from young women and children of Divyangta Mukt Bharat,

Parmarth Vijay Public School for the Blind, and Parmarth Naari Shakti Kendra, who showcased the skills gained through DSF's empowerment programs.



BASIC LIFE SUPPORT

TRAINING PROGRAM AT PARMARTH





26 APRIL 2024: Inspired by HH Pujya Swami Chidanand Saraswatiji and Pujya Sadhvi Bhagawati Saraswatiji, Medanta – The Medicity conducted a three-day CPR training at Swami Shukdevanand Charitable Hospital in partnership with DSF to equip over 200 participants with life-saving emergency response skills. Attendees included students and representatives from Parmarth Gurukul, Parmarth Niketan, DSF's Vidya Mandir and Naari Shakti Kendra, and the Rescue Foundation, receiving hands-on instruction in CPR techniques, basic medical knowledge, and emergency preparedness. The training was inaugurated with a traditional lamp-lighting ceremony, and both Pujya Swamiji and Pujya Sadhviji emphasized the importance of expanding such training to include mental health awareness and make CPR education universally accessible.



Menstrual Hygiene

DAY

28 MAY 2024: On Menstrual Hygiene Day, Pujya Swamiji and Pujya Sadhvi Bhagawati Saraswatiji emphasized the critical importance of menstrual health for the well-being and education of women, advocating for awareness, access to sanitary products, and eco-friendly solutions while breaking taboos around menstruation. DSF is committed to these efforts and has reached thousands through interfaith campaigns, MHM sessions and distributing hygiene products in rural and underprivileged areas. The organizations proudly joined the global #RedDotChallenge to show solidarity with menstruating women and girls, reinforcing their commitment to dignity, health, and empowerment for all.

FREE HEALTH SERVICES AT KANWAD YATRA







22 JULY- 5 AUGUST, 2024: Divine Shakti Foundation (DSF) supported the annual Kanwad Yatra pilgrimage to Neelkanth Mahadev Temple by setting up a free medical camp at Parmarth Niketan in collaboration with other organisations it provided free services

to thousands of barefoot pilgrims honoring Lord Shiva. The initiative was inaugurated and graced by Shri Suresh Kumar Khanna, Finance Minister of Uttar Pradesh, who encouraged the dedicated volunteers serving during the camp.

TWO WEEKS OF SERVICE AT KANWAD MELA ENVIRONMENTAL

Awareness & Medical Camp



impactful weeks, we Over two successfully served Kanwad Mela through devotees a dedicated environmental awareness and medical camp, treating over 1,000 patients daily. Our team provided care for a range of issues including wounds, fevers, coughs, rashes, high blood pressure, breathing difficulties, and muscle pain—offering not only medicine but also a safe space for rest and hydration. The overwhelming gratitude we received from the

devotees continues to inspire and motivate us to expand our efforts.



Haryali Teej

CELEBRATIONS AT PARMARTH VIDYA MANDIR

7 AUGUST 2024: At DSF's Parmarth Vidya Mandir, a joyful celebration of Haryali Teej took place—a festival honoring the divine union of Lord Shiva and Goddess Parvati and symbolizing prosperity through the lush greenery of the monsoon season. Teachers dressed in green to embody the festive spirit, inspiring students to engage with India's rich cultural traditions through activities like a nature-themed drawing competition and creative mehndi art on paper. The celebration culminated in planting saplings, reinforcing our commitment to environmental awareness and preservation of Mother Earth.

Independence Day

CELEBRATIONS AT PARMARTH VIDYA MANDIR



15 AUGUST 2024: DSF celebrated India's 77th Independence Day with the students and staff of Parmarth Vidya Mandir through a flag hoisting ceremony and vibrant cultural performances. More than 500 students participated, showcasing their talents with folk songs, dances, and patriotic poetry, and took a heartfelt pledge to serve the nation and contribute to a strong, prosperous India.

Raksha Bandhan

CELEBRATIONS WITH A PURPOSE



17 AUGUST 2024: This Raksha Bandhan, students and teachers of DSF's Parmarth Vidya Mandir teachers and students led a three-day campaign celebrating the festival by tying Rakhis to police officers and municipal workers in Kotwali and Nagar Nigam, expressing heartfelt gratitude for their dedicated service. They also promoted environmental protection by planting trees at Kotwali, making the celebration both meaningful and impactful for the community.

Shri Krishna Janmashtami

CELEBRATIONS WITH PARMARTH VIDYA MANDIR AND DSF VOCATIONAL TRAINING CENTER

26 AUGUST 2024: DSF joyfully celebrated Shri Krishna Janmashtami with students, teachers of Parmarth Vidya Mandir, and members of the DSF Vocational Training Center through a vibrant performance portraying key moments from Shri Krishna's life. The celebration, including a traditional potbreaking game and children dressed as Krishna and Gopis, delighted all while imparting timeless values of love, friendship, honesty, and cultural heritage to the next generation.

World Senior Citizens

DAY EYE CHECK-UP & SPECTACLE DISTRIBUTION CAMP



1 OCTOBER 2024: DSF organised a special one-day eye check-up and spectacle distribution camp at Niketan's Parmarth Swami Shukdevanand Charitable Hospital in honor of World Senior Citizens Day, serving the elderly with free eye screenings, spectacles, and medicines. Over the course of the camp, senior citizens were examined for vision issues including cataracts and glaucoma, and those in need received compassionate care through free treatments. Pujya Swamiji inaugurated the camp with the doctors and reminded them that elders and senior citizens are the heritage of our

society, and the gratitude expressed by attendees reaffirmed our commitment to continue this seva for the well-being of senior citizens across Uttarakhand.



KANYA PUJA AT PARMARTH HONORS GIRLS AS EMBODIMENTS OF MOTHER

Goddess on Dussehra



12 **OCTOBER** 2024: On the conclusion of Navratri the and auspicious occasion of Dussehra, DSF organised a beautiful Kanya Puja for all the young girls, serving them food (prasad) and gifts honoring them as embodiments the Mother of Goddess. The objective of celebration was to honour the strength of feminine energy/Shakti in all of creation as well as commit to serving the girl child.



Pre-Diwali Celebrations

AT PARMARTH VIDYA MANDIR & PARMARTH NAARI SHAKTI KENDRA



26 OCTOBER 2024: DSF celebrated Diwali with the enthusiastic students of Parmarth Vidya Mandir and the children of Parmarth Naari Shakti Kendra at Chandreshwar Nagar, Rishikesh, in the presence of our esteemed guests, Param Pujya Swami Chidanand Saraswatiji, Pujya Sadhvi Bhaqawati Saraswati ji, and recent graduates of Parmarth School of Yoga's Yoga Teachers Training Course. The event featured inspiring messages living with compassion celebrating Diwali sustainably, followed vibrant cultural by performances including Pahadi folk

dances and a spirited Ramayan drama. The celebration concluded with joyful moments shared over snacks and fruits, making it a meaningful and memorable day for all.



Free 10 Days Cataract Eye

SURGERY CAMP - A STEP TOWARDS RESTORING VISION



16 NOVEMBER 2024: DSF organised a 10-day free Cataract Eye Surgery Camp at Swami Shukdevanand Charitable Hospital, inaugurated by Param Pujya Swamiji and supported by dedicated doctors from the UK and India. The camp offers same-day or next-day surgeries for underprivileged patients—mostly senior citizens—along with free saatvik meals and a one-day stay for recovery, restoring vision and dignity to many. This life-changing initiative reflects the true spirit of Seva, bringing hope, healing, and heartfelt gratitude from all who benefited.

Annual Day

CELEBRATION AT PARMARTH VIDYA MANDIR

25 DECEMBER 2024: The Divine Shakti Foundation's Parmarth Vidya Mandir, hosted a memorable Annual Day event, filled with joy and devotion. The event was graced by the divine presence of DSF's President Pujya Sadhviji, who blessed the gathering with her spiritual aura. The highlight of the day was the stunning performances by our students, who dressed as Krishna, Radha, Shiva, and Parvati, capturing everyone's hearts with their talent and grace.

Limbs & Prosthetics Camp



31 JANUARY 2025: At the Maha Kumbh Mela in Prayagraj, DSF, in collaboration with Divyangta Mukt Bharat and Mahavir Seva Sadan, planned a dedicated camp Parmarth Niketan's Parmarth Kumbh Mela Camp to provide free artificial limbs, prosthetics repairs, and 100% seva for those in need. The initiative, aimed at serving specially-abled individuals, has touched hundreds of lives, making the Kumbh Mela not just a spiritual event but a transformative experience for many. Param Pujya Swami Chidanand Saraswatiji and Shri

Vinod Bagrodia ji, encouraged and advocated to many eminent dignitaries and pilgrims to learn about this campaign, especially it's commitement to inclusion, empowerment, and selfless service.



G100 MAHA SHAKTI KUMBH

Women's Summit 2025



8 FEBRUARY 2025: The G100 Maha Women's Summit Kumbh 2025, organised by DSF, at the Parmarth Kumbh Niketan Mela Camp Prayagraj, focused on women's empowerment, equality, and inspiring change prosperity, advocating for equal opportunities in all fields. The event included the launch of "108 Shakti Sutras: For Peace and Prosperity" by Dr. Harbeen Arora Rai and Vinay Rai, and featured empowering

speeches from Dr. Sadhvi Bhagwati Saraswati Ji, Priyanka Chaturvedi Ji, and Arjun Munda Ji, highlighting women's inherent strength and the importance of preserving indigenous culture. Participants also took part in Sangam Aarti, yoga, meditation, and peace dialogues, concluding with a collective commitment to advance equality, prosperity, and empowerment for women.

Free Medical Camp

AT MAHA KUMBH 2025

11 FEBRUARY 2025: Divine Shakti Foundation (DSF), in collaboration with Medanta Hospital, established a medical camp at Parmarth Triveni Pushp Ashram's Maha Kumbh Mela site in Prayagraj, providing free and medicines treatment hundreds of pilgrims each day. The camp offered essential care and first aid—especially for colds, coughs,



and weather-related ailments—ensuring devotees from across India and around the world received much-needed relief during their spiritual journey.

A Heartfelt Tribute

AT GITA JAYANTI CELEBRATION

28 MARCH 2025: During the Gita Jayanti celebration at DSF's Parmarth Vidya Mandir School, a former student from Chandreshwar Nagar, now a college student and budding artist, returned to express her heartfelt gratitude for the education that helped shape her journey. She presented Param Pujya Swamiji with a hand-drawn portrait as a token of love, highlighting the profound and lasting impact of Divine Shakti Foundation in empowering young lives.

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