



Free Multi-Specialty

HEALTH CAMP

10th & 11th June 2025

FREE MULTI-SPECIALTY HEALTH CAMP AT PARMARTH NIKETAN, RISHIKESH

Introduction :

A two-day free multi-specialty health camp was organized at Parmarth Niketan, Rishikesh, in collaboration with Medanta – The Medicity Hospital, Gurugram. Held under the divine blessings of HH Pujya Swami Chidanand Saraswati Ji and Pujya Sadhvi Bhagawati Saraswati Ji, the camp served hundreds of saints, pilgrims, and local residents from the Himalayan region, providing them with access to essential healthcare services.

Inauguration and Acknowledgement :

The health camp commenced with the ceremonial lighting of the lamp by senior doctors from Medanta Hospital. On behalf of Parmarth Niketan, each doctor and healthcare professional was warmly felicitated with a Rudraksha sapling as a token of gratitude and environmental commitment.



Medical Services Provided :

The camp featured a comprehensive range of medical services, including Cardiac assessments, Diabetes screening, Respiratory and pulmonary testing, Blood pressure monitoring, Pulmonary Function Tests (PFT), ECG tests, Free distribution of prescribed medicines.

All examinations were conducted under the supervision of experienced medical specialists using state-of-the-art diagnostic equipment, ensuring that patients received accurate diagnoses and personalized consultations.



Significance and Vision :

Pujya Swami Chidanand Saraswati Ji emphasized the importance of healthcare access in remote regions, stating:

“The Himalayas are not just a geographical entity—they are the spiritual soul of India. Though the population here may be sparse, their contribution to Sanatan Dharma, environmental preservation, and the protection of natural water sources is unparalleled. Therefore, providing healthcare in these regions is not optional—it is essential.”

He also noted that most healthcare infrastructure remains concentrated in urban areas, making health camps like these vital lifelines for mountain residents, especially women, the elderly, and members of the saint community, who often lack basic medical facilities.

A Spiritual and Social Responsibility

Pujya Sadhvi Bhagawati Saraswati Ji reflected on the deep connection between health and spiritual growth:

“Health is the real wealth. Only when the body is healthy can the mind and soul embark on spiritual practice. The lack of medical services in the Himalayas is not just a physical issue—it is also a social and spiritual challenge.”

She highlighted that Parmarth Niketan, through the Swami Shukdevanand Charitable Hospital, organizes monthly multi-specialty medical camps to ensure broader healthcare outreach to underserved communities.



Medical Team Insights

The team of senior specialists from Medanta—which included cardiologists, physicians, pulmonologists, and diabetologists—expressed that such camps provide not only access to healthcare for remote populations but also a meaningful opportunity for doctors to serve with compassion and dedication.

A Holistic Approach to Service

This initiative reflects Parmarth Niketan’s commitment to holistic service. The institution continues to focus on Spiritual upliftment, Physical and mental well-being, Environmental protection, Education and Women empowerment. All these efforts are aligned with the vision of “Sarve Santu Niramayah” – May all be free from illness.



Conclusion

In the Himalayan region, healthcare is not a luxury—it is a humanitarian necessity. Amidst difficult terrain, harsh living conditions, and limited resources, delivering quality healthcare is a moral obligation. This medical camp stands as a powerful example of how collaborative efforts between healthcare institutions and spiritual organizations can lead to meaningful change and upliftment for society’s most underserved communities.